

# **MID-MISSISSIPPI INTERGROUP**

# **SOBRIETY GAZETTE**

Sep - Oct 2023 **VOLUME 1, ISSUE 11** 

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<i>injure them or others."</i> Click Here (or Scan) to go to Step 9 -		Step Ten, from g Book and 12&12	Page 2
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"Now we need more action, without which we find that "Faith without	Praye		0
works is dead." Let's look at Steps Eight and Nine. We have a list of all	Daily	Reflections	Page 4
persons we have harmed and to whom we are willing to make amends.	concerning Steps 9&10		r uge r
We made it when we took inventory. We subjected ourselves to a drastic	<b>A n</b> on	taida wiaw of Stan O	Daga 5
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in the past. We attempt to sweep away the debris which has accumulated out of our effort to live on self-will and run the show ourselves. If we		tside View of Step	Page 6
haven't the will to do this, we ask until it comes. Remember it was agreed	10		
at the beginning we would go to any lengths for victory over alcohol."	After	Twenty-Nine Years	Page 7
Source – (AA) Alcoholics Anonymous – Big Book - page 76, paragraph 3		valatad Tid hita	Pages
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Automatical Market And Alcoholics Anonymous			D
TWELVE 12 Steps and 12 Traditions - Step 9 "Made direct amends			
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GOOD judgment, a careful sense of timing, courage, and prudence—these are the qualities we shall need when we take Step Nine.	Interg	(Q & A)	
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After we have made the list of people we have harmed, have reflected carefully upon each instance, and have tried to possess ourselves of the right attitude in		e / Area	Pages
which to proceed, we will see that the making of direct amends divides those we	Anno	uncements	14-15
should approach into several classes. There will be those who ought to be dealt	Office	Hours, etc	
with just as soon as we become reasonably confident that we can maintain our		ed Servants	Page 16
sobriety. There will be those to whom we can make only partial restitution, lest			
complete disclosures do them or others more harm than good. There will be other cases where action ought to be deferred, and still others in which by the			
very nature of the situation we shall never be able to make direct personal		This is your Newsletter !!!	
contact at all.	1	Please contact us with any questions, comments, or suggestions. We welcome	
The Sobriety Gazette is a publication of Mid-Miss Intergroup. The purpose is to improve communication between local A.A. groups, inform and encourage participation in service opportunities and events that promote sobriety. Opinions expressed do not necessarily indicate endorsement by the		your participation in making the Sobriety Gazette a valuable source of information for the AA community. As always, our primary purpose is to stay sober and help other alcoholics achieve sobriety.	

and events that promote sobriety. Opinions expressed do not necessarily indicate endorsement by the Central Office or Alcoholics Anonymous as a whole.



(AA) Alcoholics Anonymous Big Book - Step 10 "We continued to take personal inventory and when we were wrong promptly admitted it." Click Here (or Scan) to link to Step 10 -Chapter x - Into Action - See Pg. 84-85



**Step Ten,** which suggests we continue to take personal inventory and continue to set right any new mistakes as we go along. We vigorously commenced this way of living as we cleaned up the past. We have entered the world of the Spirit. Our next function is to grow in understanding and effectiveness. This is not an overnight matter. It should continue for our lifetime. Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. Love and tolerance of others is our code.

And we have ceased fighting anything or anyone - even alcohol. For by this time sanity will have returned. We will seldom be interested in liquor. If tempted, we recoil from it as from a hot flame. We react sanely and normally, and we will find that this has happened automatically. We will see that our new attitude toward liquor has been given us without any thought or effort on our part. It just comes! That is the miracle of it. We are not fighting it, neither are we avoiding temptation. We feel as though we had been placed in a position of neutrality - safe and protected. We have not even sworn off. Instead, the problem has been removed. It does not exist for us. We are neither cocky nor are we afraid. That is our experience. That is how we react so long as we keep in fit spiritual condition.



(AA) Alcoholics Anonymous 12 Steps & 12 Traditions - Step 10 *"We continued to take personal inventory and when we were wrong promptly admitted it."* Click Here (or Scan) to link to Step 10 - 12 Steps & 12 Traditions - See Pg. 88



AS we work the first nine Steps, we prepare ourselves for the adventure of a new life. But when we approach Step Ten we commence to put our A.A. way of living to practical use, day by day, in fair weather or foul. Then comes the acid test: can we stay sober, keep in emotional balance, and live to good purpose under all conditions?

A continuous look at our assets and liabilities, and a real desire to learn and grow by this means, are necessities for us. We alcoholics have learned this the hard way. More experienced people, of course, in all times and places have practiced unsparing self-survey and criticism. For the wise have always known that no one can make much of his life until self-searching becomes a regular habit, until he is able to admit and accept what he finds, and until he patiently and persistently tries to correct what is wrong.

## **The 9th and 10th Step Prayers**

#### Ninth Step Prayer

Higher Power,

I pray for the right attitude to make my amends, Being ever mindful not to harm others in the process. I ask for Your guidance in making indirect amends. Most important, I will continue to make amends By staying abstinent, helping others & Growing in spiritual progress.

#### Tenth Step Prayer

I pray I may continue: To grow in understanding & effectiveness; To take daily spot check inventories of myself; To correct mistakes when I make them; To take responsibility for my actions; To be ever aware of my negative & Self-defeating attitudes & behaviors; To keep my willfulness in check; To always remember I need Your help; To keep love & tolerance of others as my code; & To continue in daily prayer how I can best serve You, My Higher Power.

Source: https://www.aacle.org/twelve-step-prayers/

## **Daily Reflections concerning Step 9** REPAIRING THE DAMAGE September 13

### Good judgment, a careful sense of timing, courage and prudence – these are the qualities we shall need when we take Step Nine. TWELVE STEPS AND TWELVE TRADITIONS, p. 83

To make amends can be viewed two ways: first, that of repairing damage, for if I have damaged my neighbor's fence, I "make a mend," and that is a direct amend; the second way is by modifying my behavior, for if my actions have harmed someone, I make a daily effort to cause no further harm. I "mend my ways," and that is an indirect amend. Which is the best approach? The only right approach, provided that I am causing no further harm in so doing, is to do both. If harm is done, then I simply "mend my ways." To take action in this manner assures me of making honest amends.

# **Daily Reflections concerning Step 10**

### **UNREMITTING INVENTORIES October 13**

Continue to watch for selfishness, dishonesty, resentment, and fear. When these crop up, we ask God at once to remove them. We discuss them with someone immediately and make amends quickly if we have harmed anyone. Then we resolutely turn our thoughts to someone we can help. ALCOHOLICS ANONYMOUS, p. 84

The immediate admission of wrong thoughts or actions is a tough task for most human beings, but for recovering alcoholics like me it is difficult because of my propensity toward ego, fear and pride. The freedom the A.A. program offers me becomes more abundant when, through unremitting inventories of myself, I admit, acknowledge and accept responsibility for my wrong-doing. It is possible then for me to grow into a deeper and better understanding of humility. My willingness to admit when the fault is mine facilitates the progression of my growth and helps me to become more understanding and helpful to others. **Step 9 of Alcoholics Anonymous** - An outside view, looking in, from: <u>https://www.alcohol.org/alcoholics-anonymous/step-9/</u> Written by:Editorial Staff Updated Jan 6, 2023

#### What is Step 9 of Alcoholics Anonymous?

AA step 9 of the 12 steps is a call for those working towards to make amends with those who they harmed during the throes of alcohol addiction. It builds on step 8, which required the individual to make a list of everyone he or she has harmed throughout the battle with alcohol addiction. While the concept of Step 9 sounds easy on paper, putting yourself in such a vulnerable position and being will to work through the discomfort can be challenging. But, Step 9 can be completed with the right outlook and knowledge.

#### Step 9 of AA: Be Willing to Make Amends

Step 9 requires one to be willing to go to any lengths to make amends, provided they don t end up causing somebody new or additional harm. The individual must be willing to take this step no matter how severe the personal consequences. If making amends requires the person to report a past crime, he or she must be willing to go to jail to complete this step on the road to recovery. The spiritual aspect of the mandate encourages the recovering individual to seek strength and guidance to do the right thing from a higher power and from the others engaged in the program. Making amends must involve sincere efforts to apologize. The notion of being sincere involves adopting the right attitude before making an approach. One may need to forgive oneself and to forgive the person on the list for any actions done in retaliation. Step 9 should be pursued according to a plan that does not assign blame and allows the person who has been harmed the freedom to respond, even if the response is angry or unforgiving.

#### How to Make Amends in Step 9

Step 9 is considered a direct continuation to Step 8, in which one puts into practice what they have been preparing internally during the previous steps. One may find it easier to break into categories what one needs to make amends for. These categories determine the way the person approaches the process of making amends. The first category should include all of the people to whom the person can make full amends as soon as he or she is sober. The second category should include those people to whom the person will make partial amends, because full restitution would cause more harm than good. The third category should include the people who should not be contacted until a full and certain recovery has been achieved. This might include a child who could be disappointed if a recovery process results in a relapse. Last, the fourth category should separate out anyone to whom it is impossible to make amends, such as a person who has since passed away. The guiding principal of this step is to make full amends at the earliest opportunity, as long as such action is feasible, proper, and will not cause additional harm.

(Source - https://www.alcohol.org/alcoholics-anonymous/step-9/)

### Step 10 of Alcoholics Anonymous - An outside view, looking in, from:

https://www.alcohol.org/alcoholics-anonymous/step-10/ - Written by: Editorial Staff - Updated Jan 6, 2023

### The 10th Step: Inventory

Up to this point in your recovery, steps one through nine have taught you to see the truth about your behavior and how the rest of the world responds to your actions. With this awareness you can now clearly see what is going on during every moment of your day. The purpose of AA's tenth step is to demonstrate to yourself that you have the ability to control your actions. You are no longer functioning like a robot under the weight of old habits or while not thinking about what you are doing.

### Working Step 10

Step 10 isn't always easy to define or understand. Of course you are aware of your actions, but are you taking inventory and admitting when you're wrong or when you've done wrong? This personal responsibility is critical to successful recovery from alcohol addiction. An example of working step 10 might be getting angry when someone cuts you off at a traffic light. Just as you begin to form the profanities to hurl from your open window, you recognize that the other driver will not be improved by your anger and would benefit more from your demonstration of the right way to react to anger or stress. Instead of hurling abuse, you smile as you pass the driver, even if it's not a real smile. By responding to a conflict or anger with grace, you have used step 10. Another example might be that you didn't get a recent promotion. When your boss tells you it is due to poor work performance, you disagree, and because you're angry, you tell him off. Working step 10 doesn't mean that you don't get angry ever again, or that you don't make mistakes. It means that if you do, you admit when you're wrong. So immediately after your outburst, you calm down and apologize to your boss for your inappropriate reaction. Step 10 doesn't require you to go into a long explanation about why you're wrong or to make excuses for it. It requires only that you admit you're wrong. step 10

### **Review: Step 10 of AA**

As part of step 10, Alcoholics Anonymous treatment programs recommend that you do daily and periodic reviews. The daily review means that you set aside time each day to meditate or constructively review your day. Were you resentful, dishonest or afraid? Do you owe anyone an apology for something you've done or said that day? What could you do better tomorrow? While carrying out your daily review, be careful to avoid slipping into worry, remorse or fear. It is not about beating yourself up. Step 10 is about being aware of your actions and their consequences. The periodic review is basically taking stock of where you are and what you need to do to ensure you stay on the path to recovery. The periodic review is similar to the daily review in that you ask yourself the same questions, but rather than reflect on the previous 24 hours, you're looking back over a month or more. Each year, take stock of promises made in previous steps. If there are any that you have not kept, then this is the time to rectify that wrong.

(Source - https://www.alcohol.org/alcoholics-anonymous/step-10/)

After Twenty-Nine Years - The author s story "Women Suffer Too" was the first woman s story in the Big Book. Now...her thoughts.....after twenty-nine years......After Twenty-Nine Years.....

The author s story "*Women Suffer Too*" was the first woman s story in the Big Book.

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Today, as in April 1939 when I attended my first meeting, the Twelve Steps are to me the heart of the AA program. By the time I gathered up courage to attend a meeting, I had read the Big Book three times. And I had studied several hundred times the pages containing the Twelve Steps and the suggestions on how to use them. They didn t seem easy to me—they didn t even seem simple, in spite of the clarity of language. But I was eager to go to work on all of them, for they seemed to me the key to that which I so desperately needed: assurance that I would be able to stay away from drinking.

In 1968 I feel no different about the Twelve Steps. They did give me what I needed to stay away from drinking. Within a few years, I came to realize they had given me far more than that: a glimpse at something I had never known—peace of mind, a sense of being comfortable with myself and with the world in which I lived, and a host of other things which could be summed up as a sense of growth, both emotional and spiritual.

Always, to me, meetings have been important. They renew the inspiration I felt at my first one. They remind me of whence I came, and how near I will always be to that twilight world of drinking. Most of all, they bring me in contact with my friends and introduce me to new ones—in my case, because I travel a lot, all over this country and outside of it. The feeling of warmth, of understanding, acceptance, and belonging that I get at a meeting is to me one of the great rewards of being in AA. It is a rare thing we have, which the nonalcoholic world rarely experiences. It makes me know how lucky we are.

In my working life, my personal life, and my spiritual life (which I last owe to AA, for I did not have it before), I find the Twelve Steps a nearly constant guide. I carry them in my wallet. I refer to them—to particular Steps that meet a particular need—with regularity.

The Serenity Prayer runs through my life like a litany I find myself using it on a vast variety of occasions to meet a vast variety of problems.

Perhaps the greatest thing I have received (and still constantly receive) from AA is the knowledge of where and how to draw the strength and flexibility to meet problems. My life seems made up of problems, but I have learned that I am not unique, that life, in general, is just that. Problems and strain and stress are the stuff of life in our times, and my AA-given philosophy helps me to accept this and to live with it. Each day is a new one, and I try to meet it that way, as if each day I, too, were fresh and new. The 24-hour plan gave me this outlook, and each day it confirms me in my effort to make it real for myself.

Twenty-nine years later I feel as deeply immersed in AA thinking and the AA way of life as I did at the outset. For me, it is increasingly necessary as I grow older. And it is always there for me, just as it has always been since I first found it. For this I daily thank God.

Marty M., Manhattan, New York

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## (AA) related Tid-bits

### **The Four Absolutes**

#### What are they, and How Do They Relate To Alcoholics Anonymous?

By: Burning Tree - December 21, 2020 - Reviewed by: Brook Mckenzie, LCDCI, COO

Before Bill Wilson and company wrote the book Alcoholics Anonymous and found a solution to their chronic alcoholism, the Oxford Group helped many people with many problems.

The Oxford Group worked to improve members by teaching a formula for spiritual growth that is similar to the 12 Steps in Alcoholics Anonymous: inventory, admitting mistakes, making amends, praying and meditating, and carrying the message to others.

#### Many of A.A. s steps were inspired from the Oxford Group.

The Oxford Group was a Christian organization founded in 1921 by Lutheran priest Frank Buchman. Later the group was called Moral Re-arrangement, because they proclaimed that that was their purpose, to give their members a moral rearrangement.

Even this concept is echoed in the book Alcoholics Anonymous.

This is very similar to what Carl Jung told Roland Hazard. Roland s wealthy family hired the best psychiatrist in the world during the 1930s. Jung explained to Roland what needed to happen for a chronic alcoholic to get sober.

"They appear to be in the nature of huge emotional displacements and rearrangements. Ideas, emotions, and attitudes which were once the guiding forces of the lives of these men are suddenly cast to one side, and a completely new set of conceptions and motives begin to dominate them."

#### Page 27, Alcoholics Anonymous

"The biggest difference between the two groups is that Alcoholics Anonymous — although founded on principles from a Christian group — does not affiliate itself with religion. And frankly, if left only with the Four Absolutes, it probably would not sober many chronic relapsers."

Instead, A.A. focuses on spiritual principles that will transform how an alcoholic responds to life, thinks, acts, and treats others. It does not take a position on what or who God is but just states that a higher power does exist.

By removing what is blocking you from a higher power, you re able to have a new design for living. The "moral re-arrangement" just naturally happens by following the steps.

### What Are The 4 Absolutes

- 1. Honesty
- 2. Unselfishness
- 3. Purity
- 4. Love

## (AA) related Tid-bits (cont'd)

As a recovered alcoholic, the Four Absolutes can be helpful. They can help you understand if you are treating others like you should be treating them and it can help guide your meditation and prayer.

But for someone who is first trying to get a spiritual experience and a moral rearrangement, the Four Absolutes can be almost impossible to follow, especially if you are a chronic relapser.

### Here s What Dr. Bob Wrote About The Four Absolutes

"The four absolutes, as we called them, were the only yardsticks we had in the early days, before the Steps. I think the absolutes still hold good and can be extremely helpful. I have found at times that a question arises, and I want to do the right thing, but the answer is not obvious. Almost always, if I measure my decision carefully by the yardsticks of absolute honesty, absolute unselfishness, absolute purity, and absolute love, and it checks up pretty well with those four, then my answer can't be very far out of the way."

#### Silkworth.net

The Oxford Group used these principles to make decisions based on God-consciousness. Let s see how both groups use them.

#### **On Honesty**

We have an article that discusses honestly and why it is critical for recovery.

In the Oxford Group, when addressing a problem, they simply ask, "Is it true or is it not?" This guides people in making moral decisions.

However, with the alcoholic, being honest is a revolutionary trait. Honesty does not happen. Alcoholics lie and manipulate so much, it becomes second nature.

This is not to say that alcoholics themselves are evil or bad people. They have a disease that causes them to drink at all costs. Lying, manipulating, and taking advantage of others becomes necessary.

This statement leads well into the next absolute.

#### **On Unselfishness**

Alcoholics are by their nature selfish. Their mind, body, and spirit are abnormal. This abnormality forces an alcoholic to drink. They have no choice but to drink.

Because of this, they are going to drink no matter what. If their child wants them to stop drinking, or if they are in trouble at work, or have trouble with the courts they will still drink.

Selfish or unselfish are written in the first 164 pages 15 times.

This is one of the fundamental characteristics that the 12 Steps solve it takes you from a place of being selfish and only thinking of yourself to "packing into the stream of life."

(continued on next page...)

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## (AA) related Tid-bits (cont'd)

#### **On Unselfishness** (cont'd.)

The question the Oxford Groups asks is, "How will this affect the other fellow?"

With an alcoholic who cannot control the amount they take or cannot stay stopped, this is a question that is difficult to answer and honestly not thought of during a bender, spree, or relapse.

#### **On Purity**

Purity is not mentioned in the first 164 pages of the Big Book. The Oxford Group asks, "Is it right or not?"

Perhaps the reason Alcoholics Anonymous did not adopt this is that chronic alcoholics cannot differentiate the true from the false. They think their alcoholic life is normal.

To assume an alcoholic can make the right decision is incomprehensible. Addicts suffer from a threefold problem that makes it impossible to make the right decision.

Perhaps the founders knew that this would be a tall order for an alcoholic.

#### On Love

Oxford Group asks, "Is this ugly or is it beautiful?"

The action of consistent love is absent in chronic alcoholic relationships. Again, chronic alcoholics are dishonest and selfish. Love is difficult to come by.

But by doing the steps, having a spiritual awakening, having a "moral rearrangement," you will be able to care for others, be more tolerant, and want to be of service to others.

SOURCE: <u>https://www.burningtreeranch.com/what-are-the-4-absolutes-and-how-do-they-relate-to-alcoholics-anonymous/</u>

## Miscellaneous AA-related Websites / Apps / etc...

#### Joe and Charlie Tapes/Audio Books !!!

https://silkworth.net/aa/audio-books/joe-charlie/

A great site to search for, and LISTEN TO Joe and Charlie !!!...concerning Alcoholics Anonymous (A.A.)

### <u>Cellphone Software</u> - (A.A. related APPS for your iPhone or Android Phone)

AA Big Book- eBook Audio https://play.google.com/store/apps/details?id=app.aabigbook.reader&hl=en&gl=US&pli=1

#### **Sober Today**

https://play.google.com/store/apps/details?id com.ibyteapps.sobertoday&hl en&gl US





https://12steptoolkit.com/ 🙆 12 Step Toolkit

## Miscellaneous AA-related Websites / Apps / etc... (cont'd...)

## Dr. William Silkworth



**(1873 – 1951)** Copyright © The A.A. Grapevine, Inc. - from the April 1951 issue

Dr. William Duncan Silkworth died of a heart attack in his home in New York, Thursday morning, March 22. Thus we of A.A. have lost the physical presence of the great doctor who was our first friend. He gave deep understanding and great encouragement to an infant society in the days when a lack of understanding or a word of discouragement might easily have killed it. He freely risked his professional reputation to champion an unprecedented spiritual answer to the medical enigma and the human tragedy of alcoholism. Without his blessing, our faith might well have died in its birth. He was a luminous exception to the rule that only an alcoholic understands an alcoholic. He knew us better than we knew ourselves... .better than we know each other. Many of us felt that his medical skill, great as that was, was not at all the full measure of his stature.

Dr. Silkworth was something that it is difficult even to mention in these days. He was a saintly man. He stood in an unusual relationship to truth. He was able to see the truth of a man, when that truth was deeply hidden from the man himself and from everyone else. He was able to save lives that were otherwise beyond help of any kind. Such a man cannot really die. Our friend has only left us....for a while.

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Source - https://silkworth.net/alcoholics-anonymous/dr-william-duncan-silkworth/

Month	Day	Mid-Mississippi AA Events - Fall, 2023 <u>***September 1, 2023 (please discard all previous calendar versions)</u> ***				
September	7	Mid-Mississippi Intergroup <u>Monthly</u> <u>Meeting</u>	ALL ARE WELCOME ***WE NEED YOUR GROUP TO SEND REPS.***	Thursday, September 7, 2023 (meets the first Thursday of every month) 6:30 pm	650 E. South St. Downtown Jackson (where Central Group meets).	
	11	District 43 <sup>†</sup> <u>Monthly</u> <u>Meeting</u>	GSR's & AGSR's are encouraged to attend & ALL ARE WELCOME	Monday, September 11, 2023 (meets the second Monday of every month) 5:00 pm	4801 Group MEETS AT 3939 Northview Dr, Jackson, MS. Contact Chris G. (601) 955-8402	
	22 - 24	Vicksburg Group 48th Annual Fish Fry	Registration \$20 thru September 8, and \$25 after	Friday, September 22, 2023 6:00 pm, Clay N. from Kosciusko. Other speakers and events on Saturday and Sunday.	Elk's Lodge, 1366 Hwy 61 S, Vicksburg, MS. Contacts vicksburggroup@gmail.com, Bonnie M - Chair (601) 415-3843, Byron B Co-Chair (732) 682-9441	
	24	District 44 <sup>t†</sup> Monthly Meeting	GSR's & AGSR's are encouraged to attend & ALL ARE WELCOME	Sunday, September 24, 2023 (meets last Sunday of every month 6:00 pm	Temple Beth Israel 5315 Old Canton Rd., Jackson, MS (where the Shalom Group meets)	
October	21	Area 37 & District 45 present "One Hundred Proof AA Distilled from the Big Book."	Josh S. of Hattiesburg, MS will lead a distilled version of the Big Book.	Saturday, October 21, 2023 10:00 am to 3:00 pm	Lake House, 550 Bounds Road, Jackson, MS. Contributions will be accepted to help defray the meal cost. For more information contact: henrymoreau76@gmail.com (601) 750-3307	
	20 - 22	Recovery Conference "Both Sides of the Same Coin." AA and Alanon speakers, food, fellowship, and other activities throughout the weekend.	This event is designed to deepen one's understanding of the core principles of AA and Alanon.	Friday, October 20, 23 through October 22.	Tinnin Dale Ranch, Clinton, MS. For more information visit: www.bothsidesofthesamecoin.info Camping available.	
†District 43 includes: Central, Traditions, Northeast, 4801, Georgetown, Coffee Lover's, AA Unlimited †† District 44 includes: Shalom, Serenity of Purpose, Big 12, and Way Out groups						
Thanks to Bruce M., Randy B., and Steve J. for the Calendar spreadsheetand to Randy B. for Distribution. Please send all EVENT NOTICES to Randy B. at: midmissintergroup@gmail.com						

### Mid-Mississippi Intergroup of A.A.

(FAQ) Frequently Asked Questions

#### What is Intergroup?

Intergroup is a service office dedicated to supporting its members in helping newcomers who are seeking Alcoholics Anonymous.

#### How is it operated?

A small staff of "special workers" - "which includes Office Manager, and one Assistant Manager that manage daily office activities. There is a 7-member elected board. Each person is a member of Alcoholics Anonymous. (\*Tradition Eight)

#### Who pays for it?

AA Group and member personal contributions, the sale of publications from AA World Services, Inc., and publications from the A.A. Grapevine, sobriety 'chips', and various other assorted recoveryrelated materials (i.e., books and pamphlets).

#### Does my group have a voice in its affairs?

Yes, each A.A. Group should have an 'Intergroup Representative'. In addition to participating in the affairs of Intergroup, those representatives job is to inform their home group about Intergroup and the local service opportunities available.

#### We have our own meeting place. Why do we need Intergroup's help?

Intergroup phone volunteers help newcomers find your meeting location. Your Intergroup phone lines are the permanent link to connect members to A.A. Groups in our (Zone 4), in addition to all of Mississippi.

#### How can my group be of service?

You can start by seeing that your group has a voice (representative) at the monthly Intergroup Reps meeting. Additionally, your group members can contribute their time for 12th Step opportunities ensuring that the A.A. message reaches the still-suffering alcoholic.

What services does your AA Intergroup Office provide? Intergroup provides the following "Vital Services" to all A.A. Groups, and their members.

- \*\* Answer phones 24 hours/day
- \*\* Information & Meeting Location Calls
- \*\* AA Literature English and Spanish \*\* AA Grapevine Publications

- \*\* Make 12-Step Calls
- \*\* Special Events
- \*\* Meeting Directories
- \*\* Cooperation with Outside Agencies

\*\* Public information

\*\* Financial responsibilities of running the Intergroup (and providing AA Members that information, via the website – see below)

\*\* Main (Intergroup) Website Updates / Announcements (i.e., https://midmissintergroup.org/)

- Zoom Online Meeting Codes and Re-opened Groups
- Events
- Sobriety Gazette
- Intergroup (Financial) Reports

### Contact Us

Mid-Mississippi Intergroup of A.A. Central Office 4526 Office Park Dr. Ste. 3, Jackson, MS 39206 (directions) (601) 982-0081 (Answered 24/7) Office is open Tuesday and Friday, 12:00 pm to 6:00 pm Email: midmissintergroup@gmail.com

**NOTE : We are NO LONGER require Curbside Pickup !!!** 

Come on in ! If door is locked, PLEASE knock or ring doorbell...We will let you in...

## **BECOME A FAITHFUL FIVER**

"Every AA wants to make sure of his survival from alcoholism and his own spiritual well-being afterward. This is just as it should be. He also wants to do what he can for the survival and well-being of his fellow alcoholics. Therefore he is bound to have a vital interest in the permanence

and well-being of AA itself." Bill W. Language of the Heart, p 190 Faithful fivers are AA members who pledge at least five dollars each month to support their local Central Office. This idea is catching on around the country. The plan came about when we remembered that many of us had spent far more than \$5.00 a month on alcohol during our drinking days. As a Faithful Fiver, you support the efforts of Mid-Mississippi Intergroup to carry the AA message of

hope to still-suffering alcoholics.

To become a faithful fiver, please send your \$5 monthly donation to:



Mid-Mississippi Intergroup PO Box 16228 Jackson, MS 39236



## **NOTE**

The Central Office is eternally grateful to all of its' supporters, and feel that it's important to THANK all of those who have been consistent, faithful 5'er contributors over the past three years...

They are all listed below - Thanks to one and all !!!

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(...plus numerous ANONYMOUS donors also...)

**THANKS** also, to the Memorial and Individual donations !



Please email me your sobriety birth date, so that I can put it in the future editions of the Sobriety Gazette...

## **Office / Area Announcements**

PAYPAL FOR MID MISSISSIPPI INTERGROUP For your convenience we now have the ability to accept PayPal.

This is for Individuals, Groups or FaithFul Fivers.

Use midmissintergroup@gmail.com to find us.

AREA 37 MISSISSIPPI ASSEMBLY OF Alcoholics Anonymous®



Website: https://www.aa-missisippi.org ....or....scan CR Code

## **AREA 37 - GROUP AND DISTRICT DONATIONS**

Area 37

c/o Frank P.

413 Pelahatchie Shore Dr.

Brandon, MS 39047



## Office Hours, etc... Trusted Servants



#### YOUR TRUSTED SERVANTS

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PO Box 16228	Off - Management	Paxton P	
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### **NOTE**

All embedded web links contained in this PDF, including the Gmail (email) link to the Intergroup...(above) should be functional **while viewing this PDF on a computer**...<u>except</u> any links contained in the Upcoming Events (pg. 8)...AND the Mid-Mississippi Intergroup of A.A., simply because the two things are only a 'screenshot' of the actual file...

NEW (again in this version of the Gazette...)



This Sep - Oct 2023 Sobriety Gazette contains some QR Code 'icons' that can be scanned by a simple QR Code Reader App (iPhone or Android) and will take you to the document (full Chapter) if you cannot get the (web) LINK to work, at least you can scan the QR Code and go to the Chapter to read on your cell phone.

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