

MID-MISSISSIPPI INTERGROUP

SOBRIETY GAZETTE

VOLUME 1, ISSUE 9

May - Jun 2023



(AA) Alcoholics Anonymous

The Big Book - Fifth (5th) Step - Admitted to God, to ourselves and to another human being the exact nature of our wrongs.



Click Here (or Scan) to go to Step 5 - Chapter 6 - Into Action - See Pg. 72

(Big Book - Page 72-73) This is perhaps difficult—especially discussing our defects with another person. We think we have done well enough in admitting these things to ourselves. There is doubt about that. In actual practice, we usually find a solitary self-appraisal insufficient. Many of us thought it necessary to go much further. We will be more reconciled to discussing ourselves with another person when we see good reasons why we should do so. The best reason first: If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk..



(AA) Alcoholics Anonymous 12 Steps & 12 Traditions - Fifth (5th) Step "Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."



Click Here (or Scan) - to go to Step 5 The 12 Steps and 12 Traditions Book - Pg. 55

(Page 55) A.A. experience has taught us we cannot live alone with our pressing problems and the character defects which cause or aggravate them. If we have swept the searchlight of Step Four back and forth over our careers, and it has revealed in stark relief those experiences we'd rather not remember, if we have come to know how wrong thinking and action have hurt us and others, then the need to quit living by ourselves with those tormenting ghosts of yesterday gets more urgent than ever. We have to talk to somebody about them.

The Sobriety Gazette is a publication of Mid-Miss Intergroup. The purpose is to improve communication between local A.A. groups, inform and encourage participation in service opportunities and events that promote sobriety. Opinions expressed do not necessarily indicate endorsement by the Central Office or Alcoholics Anonymous as a whole.

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This is your Newsletter!!!

Please contact us with any questions, comments, or suggestions. We welcome your participation in making the Sobriety Gazette a valuable source of information for the AA community. As always, our primary purpose is to stay sober and help other alcoholics achieve sobriety.

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Step Six

"Were entirely ready to have God remove all these defects of character."



(AA) Alcoholics Anonymous Big Book - Sixth (6th) Step "Were entirely ready to have God remove all these defects of character." Click Here (or Scan) to link to Step 6 - Chapter 6 - Into Action - See **Pg. 72**

(Big Book - Page 76)

If we can answer to our satisfaction, we then look at Step Six. We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all—every one? If we still cling to something we will not let go, we ask God to help us be willing.



(AA) Alcoholics Anonymous 12 Steps & 12 Traditions -Sixth (6th) Step "Were entirely ready to have God remove all these defects of character." Click Here (or Scan) to go to Step 4-The 12 Steps and 12 Traditions Book - Pg. 63



(12 & 12 - Page 63 -) "This is the Step that separates the men from the boys." So declares a well-loved clergyman who happens to be one of A.A.'s greatest friends. He goes on to explain that any person capable of enough willingness and honesty to try repeatedly Step Six on all his faults—without any reservations whatever has indeed come a long way spiritually, and is therefore entitled to be called a man who is sincerely trying to grow in the image and likeness of his own Creator.

Of course, the often disputed question of whether God can—and will, under certain conditions—remove defects of character will be answered with a prompt affirmative by almost any A.A. member. To him, this proposition will be no theory at all; it will be just about the largest fact in his life. He will usually offer his proof in a statement like this:

"Sure, I was beaten, absolutely licked. My own willpower just wouldn't work on alcohol. Change of scene, the best efforts of family, friends, doctors, and clergymen got no place with my alcoholism. I simply couldn't stop drinking, and no human being could seem to do the job for me. But when I became willing to clean house and then asked a Higher Power, God as I understood Him, to give me release, my obsession to drink vanished. It was lifted right out of me."

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The 5th and 6th Step Prayers

Fifth Step Prayer

Higher Power,
My inventory has shown me who I am,
Yet I ask for Your help
in admitting my wrongs to another person & to You.
Assure me, & be with me, in this Step,
for without this Step I cannot progress in my recovery.
With Your help, I can do this, & I do it.

(Source - Alcoholics Anonymous - Cleveland - https://www.aacle.org/twelve-step-prayers/)

Sixth Step Prayer

Dear God,
I am ready for Your help
In removing from me the defects of character
Which I now realize are an obstacle to my recovery.
Help me to continue being honest with myself &
Guide me toward spiritual & mental health.

(Source - Alcoholics Anonymous - Cleveland - https://www.aacle.org/twelve-step-prayers/)

Daily Reflections concerning Step 5

HEALING HEART AND MIND

May 01

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

TWELVE STEPS AND TWELVE TRADITIONS, p. 55

Since it is true that God comes to me through people, I can see that by keeping people at a distance I also keep God at a distance. God is nearer to me than I think and I can experience Him by loving people and allowing people to love me. But I can neither love nor be loved if I allow my secrets to get in the way.

It's the side of myself that I refuse to look at that rules me. I must be willing to look at the dark side in order to heal my mind and heart because that is the road to freedom. I must walk into darkness to find the light and walk into fear to find peace.

By revealing my secrets – and thereby ridding myself of guilt – I can actually change my thinking; by altering my thinking, I can change myself. My thoughts create my future. What I will be tomorrow is determined by what I think today.

A RESTING PLACE

May 08

All of A.A.'s Twelve Steps ask us to go contrary to our natural desires . . . they all deflate our egos. When it comes to ego deflation, few Steps are harder to take than Five. But scarcely any Step is more necessary to longtime sobriety and peace of mind than this one.

TWELVE STEPS AND TWELVE TRADITIONS, p. 55

After writing down my character defects, I was unwilling to talk about them, and decided it was time to stop carrying this burden alone. I needed to confess those defects to someone else. I had read – and been told – I could not stay sober unless I did. **Step Five** provided me with a feeling of belonging, with humility and serenity when I practiced it in my daily living. It was important to admit my defects of character in the order presented in Step Five: "to God, to ourselves and to another human being." Admitting to God first paved the way for admission to myself and to another person. As the taking of the Step is described, a feeling of being at one with God and my fellow man brought me to a resting place where I could prepare myself for the remaining Steps toward a full and meaningful sobriety.

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Daily Reflections concerning Step 6

LETTING GO OF OUR OLD SELVES

June 04

Carefully reading the first five proposals we ask if we have omitted anything, for we are building an arch through which we shall walk a free man at last. . . . Are we now ready to let God remove from us all the things which we have admitted are objectionable?

ALCOHOLICS ANONYMOUS, pp. 75, 76

The **Sixth Step** is the last "preparation" Step. Although I have already used prayer extensively, I have made no formal request of my Higher Power in the first Six Steps. I have identified my problem, come to believe that there is a solution, made a decision to seek this solution, and have "cleaned house." I now ask: Am I willing to live a life of sobriety, of change, to let go of my old self? I must determine if I am truly ready to change. I review what I have done and become willing for God to remove all my defects of character; for in the next Step, I will tell my Creator I am willing and will ask for help. If I have been thorough in the preparation of my foundation and feel that I am willing to change, I am then ready to continue with the next Step. "If we still cling to something we will not let go, we ask God to help us be willing." (Alcoholics Anonymous, p. 76)

ALL WE DO IS TRY

June 06

Can He now take them all — every one?

ALCOHOLICS ANONYMOUS, p. 76

In doing **Step Six** it helped me a lot to remember that I am striving for "spiritual progress." Some of my character defects may be with me for the rest of my life, but most have been toned down or eliminated. All that Step Six asks of me is to become willing to name my defects, claim them as my own, and be willing to discard the ones I can, just for today. As I grow in the program, many of my defects become more objectionable to me than previously and, therefore, I need to repeat Step Six so that I can become happier with myself and maintain my serenity.

Month	Date			• 0	Spring/Summer, 2023 vious calendar versions)***		
	8th	District 43 [†] Monthly Meeting	GSR's & AGSR's are encouraged to attend & ALL ARE WELCOME	Monday, May 8, 2023 (meets the second Monday of every month) 5:00 pm	4801 Group MEETS AT: 3939 Northview Dr., Jackson, MS Contact Chris G. at (601) 955- 8402 for more info.		
	20th	Zone 4 Area 37 Workshop "How To Carry the Message."	ALL ARE WELCOME Speakers and AA Archives display.	Saturday, May 20, 2023 , 10 am to 2 pm	Meadowbrook Church of Christ, 4261 I-55 N, Jackson, MS (where Serenity of Purpose meets).		
Мау	21st	2023 Old Timers Roundup <u>Planning</u> <u>Meeting</u>	ALL ARE WELCOME (Roundup will be August 25 - 27, 2023)	Sunday, May 21, 2023 3:15 PM	650 E. South St. downtown Jackson (where Central Group meets).		
	26th - 28th	23rd Annual Unity Convention	Speakers, Buffett Meals, Raffle, Bingo, and more	May 26 through 28, 2023	Trotter Convention Center, 5th St. N., Columbus, MS More info: unityconvention@yahoo.com or (662) 327-8941		
	28th	District 44 ^{††} <u>Monthly</u> <u>Meeting</u>	GSR's & AGSR's are encouraged to attend & ALL ARE WELCOME	Sunday, May 28, 2023 (meets last Sunday of every month 6:00 pm	Temple Beth Israel 5315 Old Canton Rd., Jackson, MS (where the Shalom Group meets)		
	1st	Mid-Mississippi Intergroup	***WE NEED YOUR GROUP TO SEND REPS.***	Thursday, June 1, 2023 2023 (meets the first Thursday of every month) 6:30 pm	650 E. South St. downtown Jackson (where Central Group meets).		
June	3rd	YANA Talent / Sh!t Show Fundraiser to renovate downstairs rest rooms	Talent, awards, prizes, recognition, and food (\$20 entry fee)	Saturday, June 3rd, 2023 Food at 5:00 pm. Show at 6:00 pm	\$10 at the door. YANA Club 555 Hartfield St, Jackson, MS 39216 Call or text Glen G. for more info (601) 278-7200		
٦	10th	AA Founder's Day. Please RSVP wth number in party so we can plan for food service.	Pulled pork provided (bring a side, dessert, or sodas, if possible), outdoor games, live music, playground for kids.	Saturday, June 10, 2023 @ 3:00 PM Weather permitting for outdoor events, please bring chairs, umbrella/tent for shade. Indoor seating provided by facility	Hosted by the Serenity of Purpose Group. Event venue: 1288 Clinton-Raymond Rd., Clinton, MS Contact Danny S. for RSVP or questions, or email serenitycookout@gmail.com		
July	21st - 23rd	Area 37 State Convention	"Happy Joyous and Free in 2023" Speakers, Hospitality Room and more	July 21 through 23, 2023	Thad Cochran Center - USM Campus, Hattiesburg, MS https://aa- mississippi.org/events/2023- area-37-mississippi-state- convention.		
†District 43 includes: Central, Traditions, Northeast, 4801, Georgetown, Coffee Lover's, AA Unlimited †† District 44 includes: Shalom, Serenity of Purpose, Big 12, Way Out, and Lambda groups							

Thanks to Bruce M., Randy B., and Steve J. for the Calendar spreadsheet...and to Randy B. for Distribution.

Please send all EVENT NOTICES to Randy B. at: midmissintergroup@gmail.com

Other AA-related Web Sites / Information:

Internet Links/QR Codes to Common AA-related Resources:

https://midmissintergroup.org/ https://www.aa.org/contact-gso

https://aa-mississippi.org/

- Mid-Mississippi Intergroup of A.A.
- Contact the A.A. General Service Office
- Alcoholics Anonymous Area 37 State AA Website

- Alcoholics Anonymous - Main Web Page

sub-pages contained on this site...

https://www.aa.org/self-assessment

https://www.aa.org/daily-reflections

https://www.aa.org/the-big-book

https://www.aa.org/aa-grapevine-la-vina

- Alcono

- Alcoholics Anonymous Self-Assessment
- Alcoholics Anonymous Daily Reflections
- Alcoholics Anonymous Explore the Big Book
- https://www.aa.org/twelve-steps-twelve-traditions Alcoholics Anonymous Explore the Twelve Steps

- Alcoholics Anonymous – AA Grapevine (La Viña - Spanish)

Use a QR Code Reader from your phone to read this code, as it will take your cell phone directly to

the aa.org website...



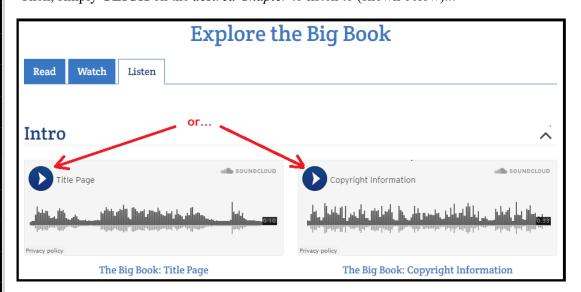
Listen to the Big Book - Audio Links for you to listen!

https://www.aa.org/the-big-book

CLICK on the aa.org *link* (above), (or...scan the CR Code (just above this line here ▲) ...then be sure to CLICK on the TAB that says "Listen"...(shown below)...



Then, simply CLICK on the desired Chapter to listen to (shown below)...



Miscellaneous AA-related Websites:

AA Grapevine – The International Journal of Alcoholics Anonymous



AA Grapevine - JUNE 2022

Stories by Longtimers!

This month's featured section is "Stories by Longtimers!" Members share wonderful memories and experiences about living sober in AA for many years.

To read these great stories, please visit: https://www.aagrapevine.org/

ALSO from the Grapevine......

If you like PODCASTS...please visit: https://www.aagrapevine.org/podcast

Each week long-time AA members Don and Sam will interview a different member about their experience, strength and hope, in a casual "meeting after the meeting" manner. Special features will enhance each episode.

Email us at podcast@aagrapevine.org with comments, suggestions, jokes, and such. To record an Ask the Oldtimer question or a recovery related joke, call **212-870-3418**. Use #heardinameeting on social media. Our Tradition of anonymity will be respected with all submissions used on the show.

The podcast is available on your <u>favorite podcast platforms</u> and via the player below. While we provide the podcast at no charge, it is not free to produce. To support the AA Grapevine Podcast, please <u>subscribe to the magazine</u> or purchase one of our books at <u>store.aagrapevine.org</u>. Also, please Visit and Subscribe to our <u>YouTube Channel</u>

ALSO from the Grapevine.....

SOBRIETY CALCULATOR - <u>https://www.aagrapevine.org/sobriety-calculator</u>

COUNT YOUR DAYS

How many days do you have today? See how many years, months, days and hours you have of sobriety. It's amazing what can happen one day at a time.

Mid-Mississippi Intergroup of A.A.

(FAQ) Frequently Asked Questions

What is Intergroup?

Intergroup is a service office dedicated to supporting its members in helping newcomers who are seeking Alcoholics Anonymous.

How is it operated?

A small staff of "special workers" - "which includes Office Manager, and one Assistant Manager that manage daily office activities. There is a 7-member elected board. Each person is a member of Alcoholics Anonymous. (*Tradition Eight)

Who pays for it?

AA Group and member personal contributions, the sale of publications from AA World Services, Inc., and publications from the A.A. Grapevine, sobriety 'chips', and various other assorted recovery-related materials (i.e., books and pamphlets).

Does my group have a voice in its affairs?

Yes, each A.A. Group should have an 'Intergroup Representative'. In addition to participating in the affairs of Intergroup, those representatives job is to inform their home group about Intergroup and the local service opportunities available.

We have our own meeting place. Why do we need Intergroup's help?

Intergroup phone volunteers help newcomers find your meeting location. Your Intergroup phone lines are the permanent link to connect members to A.A. Groups in our (Zone 4), in addition to all of Mississippi.

How can my group be of service?

You can start by seeing that your group has a voice (representative) at the monthly Intergroup Reps meeting. Additionally, your group members can contribute their time for 12th Step opportunities ensuring that the A.A. message reaches the still-suffering alcoholic.

What services does your AA Intergroup Office provide?

Intergroup provides the following "Vital Services" to all A.A. Groups, and their members.

- ** Answer phones 24 hours/day
- ** Information & Meeting Location Calls
- ** AA Literature English and Spanish
- ** AA Grapevine Publications
- ** Public information

- ** Make 12-Step Calls
- ** Special Events
- ** Meeting Directories
- ** Cooperation with Outside Agencies
- ** Financial responsibilities of running the Intergroup (and providing AA Members that information, via the website see below)
- ** Main (Intergroup) Website Updates / Announcements (i.e., https://midmissintergroup.org/)
 - Zoom Online Meeting Codes and Re-opened Groups
 - Events
 - Sobriety Gazette
 - Intergroup (Financial) Reports

Contact Us

Mid-Mississippi Intergroup of A.A. Central Office

4526 Office Park Dr. Ste. 3, Jackson, MS 39206 (directions)

(601) 982-0081 (Answered 24/7)

Office is open Tuesday and Friday, 12:00 pm to 6:00 pm Email: midmissintergroup@gmail.com

NOTE: We are **NO LONGER** require Curbside Pickup!!!

Come on in! If door is locked, PLEASE knock or ring doorbell... We will let you in...

AA-related TidBits

Ok...but what is Area Assembly?

Area 37 Assembly of Alcoholics Anonymous is the official organization of Alcoholics Anonymous in the state of Mississippi. The area is made from elected representatives in the districts (DCM's) and from each individual group (GSR's). We are responsible directly to the groups we serve. Our membership consists of approximately 200 A.A. groups in 100 towns and cities from the Gulf Coast to Southaven.

Responsibility Statement

I am responsible.

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.
And for that: I am responsible.

Questions to ask regarding the first step...

- 1. What does it mean to be so powerless over alcohol that you are unable to manage your life?
- 2. How far do you have to go to hit bottom? Do you drink alone so no one can see how much you consume? Do you hide stashes of alcohol where only you can find them?
- 3. Have you ever felt like trying to use self-will to control your drinking is like trying to put out a fire with gasoline?
- 4. Is there something besides abstinence and the 12 Steps that you think might work for you?
- 5. What effect does your drinking have on the people around you?
- 6. Are you living your life the way you want to live it?
- 7. Honesty is crucial to our ability to take Step 1. In what specific ways have you worked a program of rigorous honesty?
- 8. Are there any ways your program has slipped and you've been less honest with yourself about your drinking?
- 9. How have you practiced honesty in other areas of your life?

Sober Recovery http://www.soberrecovery.com

Sobriety Gazette

January 2014

The AA Principles and Virtues

The 12 Steps of Alcoholics Anonymous <u>are</u> the Principles of the Program that we practice, as listed on Big Book pages 59 and 60! Over the years many lists of virtues that correspond to each of the Twelve Steps and their underlying spiritual nature have been printed in local area AA newsletters and on pocket cards. The origins of these lists are unknown, although many twelve-step members use them.

- Step 1. Honesty. We admitted that we were powerless over alcohol that our lives had become unmanageable.
- Step 2. Hope. Came to believe that a power greater than ourselves could restore us to sanity
- Step 3. Faith. Made a decision to turn our will and our lives over to the care of God, as we understood him.
- Step 4. Courage. Made a searching and fearless moral inventory of ourselves.
- Step 5. Integrity. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- Step 6. Willingness. Were entirely ready to have God remove all these defects of character.
- Step 7. Humility. Humbly asked Him to remove our shortcomings.
- Step 8. Brotherly Love. Made a list of all persons we had harmed, and became willing to make amends to them all.
- Step 9. Justice. Made direct amends to such people wherever possible, except when to do so would injure them or others.
- Step 10. Perseverance. Continued to take personal inventory and when we were wrong promptly admitted it.
- Step 11. **Spirituality.** Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of his will for us and the power to carry that out.
- Step 12. Service. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, especially alcoholics and to practice these principles in all our affairs.

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AA-related TidBits (cont'd.)

About Giving...

When we meet and defeat the temptation to take large gifts, we are being prudent. But when we are generous with the hat, we give a token that we are grateful for our blessings and evidence that we are eager to share what we have found with all those who still suffer."

Bill W. Language of the Heart

"The trouble with us alcoholics was this: We demanded that the world give us happiness and peace of mind in just the particular order we wanted to get it - by the alcoholic route. And we weren't successful. But when we take time to find out some of the spiritual laws and familiarize ourselves with them, and put them into practice, then we do get happiness and peace of mind... There seem to be some rules that we have to follow, but happiness and peace of mind are always here, open and free to anyone.

Dr. Bob and the Good Oldtimers, p. 308

Those of us who have come to make regular use of prayer would no more do without it than we would refuse air, food or sunshine. And for the same reason. When we refuse air, light or food the body suffers. And when we turn away from meditation and prayer, we likewise deprive our minds, our emotions and our intuitions of vitally needed support. As the body can fail its purpose for lack of nourishment, so can the soul. We all need the light of God's reality, the nourishment of His strength, and the atmosphere of His grace. To an amazing extent the facts of A.A. life confirm this ageless truth.

Twelve Steps and Twelve Traditions, p. 97-98



What does the camel represent in AA?

The camel in the AA program represents humility and prayerfulness before our next day begins. The camel unburdens itself when it goes to its knees twice a day, and resumes its journey renewed and strengthened.



tol-er-ance noun \'tä-la-ran(t)s,

'täl-rən(t)s\
: willingness to
accept feelings,
habits, or beliefs
that are different
from your own





APRIL 2014

A personal housecleaning is a vital and crucial step, a strenuous effort to face, and to be rid of, the things in ourselves which had been blocking us. Our liquor was but a symptom. So we had to get down to causes and conditions.

Alcoholics Anonymous p 64

BECOME A FAITHFUL FIVER

"Every AA wants to make sure of nis survival from alconolism and his own spiritual well-being afterward. This is just as it should be. He also wants to do what he can for the survival and well-being of his fellow alcoholics. Therefore he is bound to have a vital interest in the permanence and well-being of AA itself." Bill W. Language of the Heart, p 190

Faithful fivers are AA members who pledge at least five dollars each month to support their local Central Office. This idea is catching on around the country. The plan came about when we remembered that many of us had spent far more than \$5.00 a month on alcohol during our drinking days. As a Faithful Fiver, you support the efforts of Mid-Mississippi Intergroup to carry the AA message of hope to still-suffering alcoholics.

To become a faithful fiver, please send your \$5 monthly donation to:



Mid-Mississippi Intergroup PO Box 16228 Jackson, MS 39236



NOTE

The Central Office is eternally grateful to all of its' supporters, and feel that it's important to THANK all of those who have been consistent, faithful 5'er contributors over the past three years...

They are all listed below - Thanks to one and all!!!

Al H.	Kurt J.	John H.	Jason M.	Robert G.
Donna H.	Bruce M.	Keith F.	Linda O.	Patti H.
Karen M.	Richard M.	Nick C.	Brad B.	John W.
Will W.	JoBeth B.	Jason S.	James W.	Lisa A.
Benjamin P.	Pat Y.	Bee W.	Chris G.	Myra D.
Nicki R.	Bonnie H.	Hugh B.	Lorenzo D.	Dick K.
~ ~	.			

Sam C. Duan J. Preston P.

(...plus numerous ANONYMOUS donors also...)

THANKS also, to the Memorial and Individual donations!



Please email me your sobriety birthdate, so that I can put it in the future editions of the Sobriety Gazette...

Office / Area Announcements

PAYPAL FOR MID MISSISSIPPI INTERGROUP

For your convience we now have the ability to accept PayPal. This is for Individuals, Groups or FaithFul Fivers.

Use midmissintergroup@gmail.com to find us.





...or....scan CR Code

Website:

https://www.aa-missisippi.org

AREA 37 GROUP AND DISTRICT DONATIONS

Please Mail Area 37 Group and District Donations to

Area 37

c/o Frank P.

413 Pelahatchie Shore Dr.

Brandon, MS 39047



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Office Hours, etc... Trusted Servants



Contact us at

Telephone 601-982-0081

4526 Office Park Drive Jackson,

MS 39206

Mail Donations to:

PO Box 16228

Jackson, MS 39236

Web Site

www.midmissintergroup.org

Email us at

midmissintergroup@gmail.com

Office Hours 12:00 pm - 6:00 pm

Tuesday and Friday

Need something special, call the office for arrangements.

YOUR TRUSTED SERVANTS

Chair: Steve S.

Karen M. Treasurer:

Secretary: Bruce M.

Corrections: (Pending...)

Treatment Centers Sandy S.

Office Manager: Paxton P

Asst. Office Manager: Randy B.

Kurt J. **Intergroup Liaison:**

Michael R. IT/Web:

Newsletter Editor: Steve J.

NOTE

All embedded web links contained in this PDF, including the Gmail (email) link to the Intergroup...(above) should be functional while viewing this PDF on a computer...except any links contained in the Upcoming Events (pg. 8)...AND the Mid-Mississippi Intergroup of A.A., simply because the two things are only a 'screenshot' of the actual file...

NEW (again) in this version of the Gazette...

This May-Jun 2023 Sobriety Gazette contains some QR Code 'icons' that can be scanned by a simple **QR** Code Reader App (iPhone or Android) and will take you to the document (full Chapter) if you *cannot* get the (web) LINK to work, at least you can scan the QR Code and go to the Chapter to read on your cell phone.